

Name of Hospital (District Headquarters Hospitals or Service Hospital, Lahore or Police Hospitals)

(.....)

PHYSICAL MEASUREMENT CERTIFICATE

No \_\_\_\_/\_\_\_\_/\_\_\_\_

Dated. \_\_\_\_\_

Post applied for. ....

Mr./Ms./Mrs.....

S/O, D/O, /W/O. ....

Age. Years \_\_\_\_\_ Months \_\_\_\_\_ Days \_\_\_\_\_

Sex. ....

Identification Mark .....

Domicile .....

CNIC No. ....

Passport Size  
Picture with Blue  
or White  
Background  
stamp & Cross  
Signature by  
Medical  
Superintendent

**Physical Standards:**

Height.....

Chest Unexpanded .....

Chest Expanded .....

Distant Vision.....

Near Vision.....

**Note:** Certificate tempered with in any of physical measurement requirements/standards will not be accepted at any cost subsequently

Requisite Physical Standards as per Rules are as under:-		
	Male	Female
Height	5'5"	5'2"
Chest	32" – 33 1/2"	Nil
Visual Standards	<b>Distant Vision:</b> 6/9 in each eye with or without glasses for both male & female.	
<b>Near Vision:</b>	Not less than J-1 for both male & Female	

*(To be signed and stamped by authorized  
Authorized Medical Superintendent of Government Hospital)*